

## RECUMBENT TRIKE ACCESSORIES AND PARTS

Eighteen recumbent trike accessories

<https://www.recumbent.news/2020/02/28/18-recumbent-accessories-you-should-consider-to-have/>

Mini 9-Function Bicycle Tool

<https://amzn.to/3icoG5z>

Bicycle Bell

<https://amzn.to/3igCv2X>

Electric Bike Horn (needed if the bell isn't heard)

<https://amzn.to/3eKakYc>

Head Rest (needed if your neck muscles fatigue)

<https://www.terratrike.com/shop/head-rest/>

Small Bicycle Utility Pouch

<https://amzn.to/38ahfYh>

Wrist Watch

<https://amzn.to/2VvdTK5>

Tire Pump

<https://amzn.to/31rgfgU>

Trike accessories mount

<https://www.terratrike.com/shop/accessory-mount-handlebar/>

Mobile phone holder

<https://amzn.to/3hPPqt3>

<https://amzn.to/2AhHkYQ>

<https://www.dcrainmaker.com/2020/12/peak-design-mobile-design-cycling-system.html>

Garmin Forerunner Bicycle Mount

<https://amzn.to/2GawFSD>

Spacer Mount Accessory Holder

<https://amzn.to/31tEew8>

Garmin Forerunner 735XT Heart Rate Watch

<https://amzn.to/2ZzkTaj>

Tire Levers

<https://amzn.to/2YJrcc3>

Mirrors

<https://amzn.to/38bH5tu>

<https://amzn.to/2TtAYwM>

TerraTrike Straped Heal Support Pedals

<https://bit.ly/2LpyzRx>

### **Bike Pedals with Quick Release Clips**

<https://amzn.to/37e7pFQ>

### **Bike Pump**

<https://amzn.to/2PWPwTu>

<https://amzn.to/2QwFXd1>

<https://amzn.to/2ZhTnOc>

### **Headlight and Tail light**

<https://bit.ly/36YTBhO>

<https://amzn.to/2NHbuYG>

<https://www.singletracks.com/mtb-gear/speednite-smart-headlight-review/>

### **Brake Light**

<https://amzn.to/3aiPf5s>

<https://amzn.to/2st6oYS>

### **Turn Signal and Tail light**

<https://amzn.to/2u0MCV4>

<https://amzn.to/374OwCU>

<https://amzn.to/3a8Zrxf>

<https://amzn.to/30nd2wo>

<https://amzn.to/2RlbtuD>

<https://amzn.to/35Wj3kR>

<https://amzn.to/2syVili>

<https://amzn.to/36XZ0E3>

<https://bit.ly/2TtmGMD>

<https://amzn.to/3afwK1C>

<https://amzn.to/385eqpY>

<https://amzn.to/2stX9aZ>

<https://amzn.to/2Rpeydl>

<https://bit.ly/3q17Ry9>

<https://bit.ly/3q17Ry9>

### **Bicycle Helmet**

<https://youtu.be/YjBZyE1nWTE>

<https://youtu.be/vugVBnnSBZc>

<https://bit.ly/32xG4fB>

<https://bit.ly/32xqkZR>

### **Bicycle Gloves**

<https://amzn.to/31oZ4wB>

### **Bike shoes**

<https://amzn.to/2BN2kac>

### **Bicycle Pedal Strap**

<https://bit.ly/31tV6D0>

### **Clipless pedals (actually has clips)**

<https://amzn.to/3idZdJ5>

## **Bicycle Gloves**

<https://amzn.to/31oZ4wB>

## **Light weight flexible running shoe (for use with pedal straps)**

<https://amzn.to/2Vuknc8>

## **Shimano Ultegra Di2 8070 hydraulic shifter**

<https://youtu.be/rIZdYII9yOc>

## **Indoor trainers**

<https://amzn.to/3aJYRXO>

<https://amzn.to/3p5fcel>

<https://amzn.to/3pt73St>

<https://amzn.to/3s0qF90>

<https://amzn.to/3oaJPQt>

<https://amzn.to/2X6yXqL>

<https://amzn.to/3nQtcJy>

<https://completetri.com/indoor-bike-trainers/>

<https://www.bicycling.com/bikes-gear/a26988598/aldi-trainer-review/>

<https://youtu.be/gNxAeLSmF0A>

<https://www.velobike.co.nz/blog/14-reasons-why-you-should-use-your-track-bike-or-n-a-turbo-trainer/>

<https://www.singletracks.com/mtb-training/maintaining-and-gaining-fitness-in-the-time-of-quarantine/>

<https://youtu.be/t16qEegIKEE>

<https://www.cnet.com/google-amp/news/how-to-buy-an-indoor-bike-trainer-and-get-the-best-results/>

## **Spoke Reflectors**

<https://amzn.to/2VswGG7>

## **Tires**

<https://www.designboom.com/technology/schwalbe-aerothan-bicycle-tubes-puncture-resistant-10-27-2020/>

<https://bit.ly/2MPedCo>

## **Alex rims**

<https://bit.ly/384j3B3>

<https://www.bikeparts.com/>

Alex rims 20"(451) X 1-1/8", 1-3/8 13mm (28H) internal rim width

<https://bit.ly/2UEiyKn>

front Product ID BPC436929 \$52 X 2 tires = \$104

<https://bit.ly/36YnlbP>

rear Product ID BPC436931 \$52

Spokes for a 20" X 1-1/8" rim:

<https://bit.ly/2tD7W3e>

(178mm) Bag of 50 are \$34.20

Total: \$190.02 (free shipping over \$75).

## **Bicycle Tire Width:**

<https://www.biketiresdirect.com/tire-width-article>

## **Spokes for a 20" X 1-1/8" rim:**

<https://bit.ly/31sxBlp>

## Spoke length calculator

<https://spokelengthcalculator.com/>

## Right Combo tire vs rim

<https://bit.ly/2tz8M0T>

## The Right Tire Width:

<https://bit.ly/2OttUwQ>

<https://www.biketiresdirect.com/tire-width-article>

## Which tire fits which rim:

[https://www.schwalbetires.com/tech\\_info/tire\\_dimensions](https://www.schwalbetires.com/tech_info/tire_dimensions)

Tire Sizes if there are narrow rims on the TerraTrike Traveler:

20" X 1-1/4" (32-406) rim diameter 406

20" X 1-3/8", 1-1/4" (32-440) rim diameter 440

20" X 1-1/4" (32-451) rim diameter 451

## Schwalbe Durano 20"(406) X 1.1"(28mm) road tire

<https://bit.ly/2GZgeoY>

## SMC Speed Mini Cycle Model SMC-406-C30-25

20"(406) X 25mm outer width, 18.4mm inner width, 30mm depth carbon rim

Recommended for 25 to 47mm width tires

14H to 36H holes

Use: Folding bike/recumbent

<https://bit.ly/2vOB3kB>

## SMC Speed Mini Cycle Model SMC-406-C50-25

20 inch 406 X 25mm outer width, 50mm depth carbon rim

Recommended for 25 to 47mm width tires

<https://bit.ly/39cUVfW>

## Installation of Latex Inner Tubes

<https://youtu.be/asbbjd223mY>

## Michelin AirComp Latex 22/23-622

<https://bit.ly/31t3yjE>

## Fenders

You don't need the extra weight and cost of buying fenders for the front wheels since water sprayed from the wheels will only get your hands wet – wear gloves)[a rear fender prevents water spray from hitting the back of your head; however, if you are getting a carrier for the rear wheel and have a bag strapped to the top of the carrier, this will stop water from being sprayed onto the back of your head.

## Hub Motors:

<https://youtu.be/cSuggIS4sP8>

<https://youtu.be/J32B243Apyo>

<https://youtu.be/c96n0Ma2rLY>

<https://www.youtube.com/watch?v=p6dEkXuUnDM>

<https://youtu.be/s38Ylj4QMDY>

<https://wheelscompared.com/best-electric-bike-conversion-kits/>

<https://www.carbonspeedcycle.com/20-26-29-700c-28-electric-bike-kit-ebike-conversion-bicycle-rear-moter-wheel.html>

**Recumbent trike cover:**

<https://amzn.to/2H4SK1M>

<https://amzn.to/2SasSlg>

<https://amzn.to/2StNLNC>

<https://bit.ly/31Gpl7q>

<https://amzn.to/2S9LAzJ>

<https://amzn.to/2SrQmrc>

<https://bit.ly/3byr83g>

**Rear Wheel Cover:**

<https://youtu.be/fpSQhch7sl4>

<https://youtu.be/qwvt1FlxoCA>

[https://youtu.be/4N4fng\\_3s6Y](https://youtu.be/4N4fng_3s6Y)

<https://ebay.to/2Sufj5n>

<https://www.ebay.com/c/1640477572>

<https://youtu.be/rIKUoCFddC0> (spiral artwork 1:18 minute mark)

**Disc wheel vs deep section wheel:**

[https://youtu.be/\\_UXQQYHfGQo](https://youtu.be/_UXQQYHfGQo)

**Trailer Hitch (Toyota Corolla) \$131**

<https://amzn.to/3hMynaL>

**Cycle Simplex Trike Rack**

(carries 1 trike + 1 bike) \$424 + \$20.75 shipping

<https://bit.ly/2BmHu1l>

**Hitch Rider (carries 1 trike + 1 bike) \$575**

<http://hitchrider.com/trike-bike.htm>

<https://youtu.be/eb1XleVkjIM>

<https://youtu.be/meIL2FuNeyo>

**ICE Recumbent trike Adjusting the camber:**

<https://yhoo.it/3aJQU3U>

**ICE Retrofit Front Suspension:**

[https://youtu.be/BFdIA\\_5H0k](https://youtu.be/BFdIA_5H0k)

**ICE Recumbent trike Wheel tracking:**

<https://youtu.be/2wrX2KVuy7w>

**Installing ICE Retrofit Front Suspension:**

<https://youtu.be/u5Y36NthUuw>

**ICE Sprint trikes (drum or disc brakes):**

<https://www.icetrikes.co/tech/braking>

**Blinking LED Circuit:**

<https://amzn.to/2tl9Jtp>

<https://amzn.to/3b5uc6E>

<https://bit.ly/2RRB3cn>

<https://amzn.to/2UjvapK>

**Build a blinking LED Circuit**

<https://youtu.be/xf4YW9ddzFc>

<https://youtu.be/ITMh62EbJ-k>

[https://youtu.be/lc3h\\_J992vk](https://youtu.be/lc3h_J992vk)

**How to draw a two-points center spiral**

<https://youtu.be/SZd5KSHItKs>

**How to draw a Golden Ratio Spiral**

<https://youtu.be/2VtYyHx77cs>

**How to draw a spiral**

<https://youtu.be/kGSJO0JAds8>

**Hypno Spiral with Binaural Hypno Spiral**

<https://youtu.be/IRj03OqmURA>

**Binaural Hypno Spiral**

<https://youtu.be/0lkjoTh1Gpk>

**Counter clockwise Hypno Spiral**

<https://youtu.be/oOHRpA5ReQ0>

**Wide Counterclockwise Hypno Spiral**

[https://youtu.be/x2v\\_Hx7ZkMo](https://youtu.be/x2v_Hx7ZkMo)

**Dual Binaural Hypno Spiral**

<https://youtu.be/SjjiqHZOHw0>

**Reverse Hypno Spiral**

<https://youtu.be/AOPFeNqj7UI>

**Simple Hypno Spiral out**

<https://youtu.be/ODnwLoYrq1A>

**Quest XS Velomobile**

<https://youtu.be/fVjZ7HJJdt4>

<https://youtu.be/nAr3qMLfPvA>

[https://youtu.be/bxpNAo\\_u4nQ](https://youtu.be/bxpNAo_u4nQ)

[https://youtu.be/NJ22nQ\\_7rWw](https://youtu.be/NJ22nQ_7rWw)

<https://youtu.be/z3bqYEvdozE>

<https://youtu.be/ltliVaSCKEs>

<https://youtu.be/tbDiASTRaow>

<https://youtu.be/Vz4OhndHOXo>

<https://youtu.be/4MWWogjnNoI>

**Design drawings**

<https://bit.ly/3qt9waF>

**Optima Crank Length**

[https://youtu.be/VBxNNH2XAZM?list=PLZWUH\\_85V1ZMlxVvC1XDHCan7CphJ3Z25](https://youtu.be/VBxNNH2XAZM?list=PLZWUH_85V1ZMlxVvC1XDHCan7CphJ3Z25)

[https://youtu.be/6RCCy5GZ65A?list=PLZWUH\\_85V1ZMlxVvC1XDHCan7CphJ3Z25](https://youtu.be/6RCCy5GZ65A?list=PLZWUH_85V1ZMlxVvC1XDHCan7CphJ3Z25)

**Manicore lightsaber:**

<https://youtu.be/khO9mixntvU>

**Never buy an Ultrasaber:**

[https://youtu.be/N\\_Q4optyMWA](https://youtu.be/N_Q4optyMWA)

**Ultrasaber:**

<https://youtu.be/wwTistYdGFc>

<https://youtu.be/NUd9QuzETz0>

[https://youtu.be/qT0CSwys8\\_M](https://youtu.be/qT0CSwys8_M)

<https://youtu.be/H0yFHOel2c8>

**KyberLight:**

<https://kyberlight.com/>

**The Pach Store:**

<https://www.thepachstore.com>

**Bors The Dragonslayer Asteria Neopixel**

<https://youtu.be/POnQdAHXiFU>

**Lightsabers on a budget:**

<https://youtu.be/3lo36HreV2k>

**Top 5 lightsabers:**

<https://youtu.be/j8wrvVK1Jko>

**Top 7 lightsabers:**

<https://youtu.be/0Km4gg8nzBU>